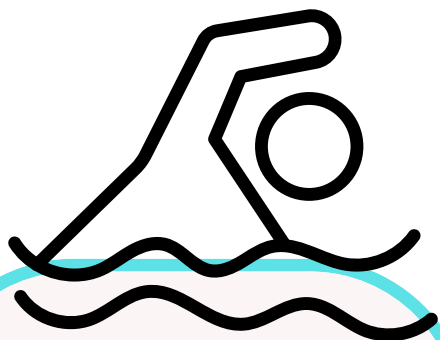


CAREER PROFILES:

NAME: JAMIE FARRELLY

LIFEGUARD



AN OVERVIEW OF YOUR JOB:

My job involves keeping people safe and preventing incidents in the pool, and making saves during emergencies



WHERE ARE YOU USUALLY BASED? E.G. AN OFFICE, A LAB, A RESEARCH VESSEL, A HOME OFFICE

My job consists of constant monitoring, so I am based mostly by the side of the pool, either walking and scanning the water or in the lifeguard chair, where I have a great view of the water

HOW LONG HAVE YOU BEEN IN THIS LINE OF WORK?

7 YEARS

BESIDES FORMAL QUALIFICATIONS, WHAT SKILLS OR TRAITS ARE MOST USEFUL FOR YOUR TYPE OF WORK?

Swimming, customer service (being good at talking to people you may not know), patience, and initiative

WHAT'S A TYPICAL WORKING DAY LIKE FOR YOU?

My day would consist of monitoring the pool, checking first aid supplies, cleaning the pool surrounds and chatting with customers. Usually there is one or two incidents per day which require emergency response from myself or staff



WHAT ADVICE WOULD YOU GIVE TO A YOUNG PERSON INTERESTED IN THIS CAREER PATH?

I would advise practicing your swimming speed and skills. If you are an avid swimmer, or a patient person who is good at talking to people, this is an ideal career path. It can carry you through college and onwards, and only requires one qualification which you can complete at 16.

WHAT'S YOUR FAVOURITE PART OF YOUR JOB?

My favourite part of the job is chatting to new people, as well as the opportunities the job gives, you can travel the world as a lifeguard

WHAT'S THE MOST CHALLENGING PART OF YOUR JOB?

The most challenging part of my job is making tough saves. Having to pull someone from the water in as little as a few seconds can be difficult, but very rewarding



HOW DID YOU GET INTO THIS CAREER?

I swam all through my childhood, and was part of a rookie lifeguard team. When I turned 16, I completed my lifeguard qualification and started working in pools

WHAT WORK EXPERIENCE, QUALIFICATIONS OR TRAINING WOULD YOU RECOMMEND FOR GETTING INTO THIS CAREER?

This career has many open doors in lots of different employment areas, so there is no set list of required experience, only being a good swimmer. Being a good team member is also very important as teamwork in a rescue role saves lives.