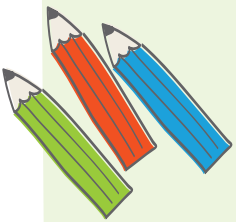


# Let's GO plastic FREE



1 Invest in a reusable water bottle

2 Use a lunch box instead of cling film or a plastic bag



3 Use pencils and crayons instead of plastic twist crayons and pens

4 Swap plastic cartons of milk for Tetra Pak

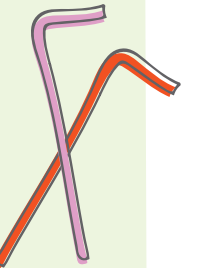
5 Choose reusable plastic pockets over laminating

6 Swap balloons for colourful paper decorations

7 Use cloths instead of plastic sponges for cleaning

8 Stop using glitter

9 Avoid plastic straws! Use a paper or metal straw instead



10 Encourage friends and family to go plastic free too

