



# Let's Go Plastic FREE



- 1 **Invest in a reusable water bottle**
- 2 **Use a lunch box instead of cling film or a plastic bag**
- 3 **Use pencils and crayons instead of plastic twist crayons and pens**
- 4 **Swap plastic cartons of milk for Tetra Pak**
- 5 **Choose reusable plastic pockets over laminating**
- 6 **Swap balloons for colourful paper decorations**
- 7 **Use cloths instead of plastic sponges for cleaning**
- 8 **Stop using glitter**
- 9 **Avoid plastic straws! Use a paper or metal straw instead**
- 10 **Encourage friends and family to go plastic free too**

