Walk to School Week 2025 CONNECTIONS



Connecting People, Place and Nature

Resources for Primary Schools

National Walk to School Week takes place this year from the **13th – 17th October 2025**. This week is all about celebrating walking as a positive mode for school journeys. We are asking schools across the country to come together and Walk or Park & Stride to school.

National Walk on Wednesday (WOW)

A specific focus for the week is **National Walk to School Day** on **Wednesday 15th October**. Please mark the occasion by holding a special WOW Day at your school. Our WOW Day Guides on the <u>Green-Schools website</u> contains everything you need to know to make the day a success! Remember to record and submit the number of students who Walk or Park & Stride to school that day!

This year's theme is **Connections**. See how your students can connect with each other, with their local place and with nature on their route to school. Let the resources suggested below help connect with our connections theme!

Submit your WOW numbers HERE

Connecting with People resources

Walking Bus



A Walking Bus is a great initiative which provides families with increased travel choice and enables children who would otherwise travel by car to walk to and from school. If you are interested in knowing more or considering setting up a walking bus at your school, we have a wealth of information on our website including a comprehensive Walking Bus Pack which contains everything you need to know to get started. We also have a webinar where you hear firsthand from our Travel Officers and can learn directly from their experience.

Walking Debate

Agree to disagree in this <u>active debate</u>. Students are encouraged to express individual viewpoints on a statement about walking, share experiences that may influence others to change their standpoint (literally), and listen actively and speak confidently about their choice.



Create the Ultimate Walking Playlist

What songs inspire you when walking? Do you like happy hits, or electrifying beats which help to pick up the pace? Or something with a more relaxed tempo? Discuss with your class what are their favourite walking tracks. Pick the best 10 and create your walking playlist (English & Gaeilge).

Walk to School Week 2025



Connecting with Places resources



Signposts for my locality

Explore your local area and calculate walking times to Park & Stride locations and places of interest. <u>Signposts For My Locality</u> (English & Gaeilge) is a GREAT way to prepare for your WOW day or have fun exploring travel times in your area.



Create a school gate leaflet for your school

<u>Design a school gate leaflet</u> to remind your school community of the safe driver and pedestrian behaviour needed outside of school. This document can also be a useful tool for your school in the planning and promoting of a Park & Stride location.



Hidden places

Check out your own area, explore on your way to school, can your students come up with a favourite feature on their route? <u>Check out our Hidden places resort here</u>

Connecting with Nature resources



Nature Scavenger Hunt

Nothing beats an old-fashioned nature table. Why not start one for walk to school week and ask them to bring in some nature items they find on their way to school? <u>Check out some guidance here.</u> (English & Gaeilge)



Hidden Nature Places

Check out this guide to help prompt students to look for nature on their route to school. <u>Download here.</u> (English & Gaeilge)



Nature Walk & Tea Party

Not sure what nature is on the route to school? Why not take the class on an autumn nature walk to help them see what's all around them. Check out this resource for more.



Nature Table from the Walk to School

Ask students to bring two items they find I nature on their walk each morning. Create a nature table to display these items. For leaf identification aids, click here

Walk to School Week 2025

Lesson Plans and Activities



Investigate & Create



Explore your local area with the 'Investigate and Create' challenge (English & Gaeilge). This challenge invites students to investigate what they hear, see and feel on the way to school and create a visual representation of how they experienced their locality. This is an ideal activity for all ages to celebrate National Walk to School Week.

More ideas...



- <u>Design A Shoe</u> (English & Irish) and use it to decorate your Green-Schools Noticeboard!!
- Get creative and hold a <u>Bling Your Shoes</u> competition for walk to school week. Make sure to encourage the use of recycled materials and take care to use old shoes.
- Draw yourself walking to school throughout the different <u>seasons</u> (English & Gaeilge).
- Learn to tie shoelaces in a creative way with Green-Schools <u>Tie My Shoe-Laces</u> (Junior Primary) or <u>Shoe-Lace Master</u> (Senior Primary).

Get Motivated to Walk!



Here are some great <u>reasons to walk!</u> Your Green-Schools Committee could display this information on the Green-Schools noticeboard.

Walk to School Week Survey Forms and Poster



Posters are available to promote your event in English and Irish and are available on the <u>Green-Schools website</u>. We also have a travel survey to record students travel patterns, either <u>week long</u> or on your <u>WOW day</u> / <u>Céadaoin na gCos</u>. This is also available in English and Irish.

Siúl ar scoil le do thoil!

We would love to hear your stories and celebrate your work!

Tag #walktoschool25, @greenschools_travel or email travel@greenschoolsireland.org