



## **TLDR: Global Goals Bookless Club Third Edition**

**September 8<sup>th</sup> to October 10<sup>th</sup>**

### **SDG 3 – Good Health & Wellbeing**

#### **Climate Ambassador Podcast –**

Water & Wellbeing

[S4E5: Easkey Britton – Blue Health: Water and Wellbeing - The Climate Ambassador Podcast | Podcast on Spotify](#)

Urban Nature & Health

[S4E4: Dr. Tadhg MacIntyre - Urban Nature for Health - The Climate Ambassador Podcast | Podcast on Spotify](#)

Climate Worrier

[S3 E2: Colm O'Regan - Climate Worrier - The Climate Ambassador Podcast | Podcast on Spotify](#)

#### **The Global Goal -**

Overview

[Goal 3: Good health and well-being - The Global Goals](#)

Factsheet

[SDG 3 Good Health and Wellbeing](#)

Measuring Happiness

[Homepage - Happy Planet Index](#)

#### **YRE Winner –**

[The Future Deserves Better by YRE Ireland - Exposure](#)

Seeing, writing, asking: IMPROVING QUALITY OF LIFE FROM PERSONAL EFFORTS TO STATE-WIDE INITIATIVES - [SLOVENIA by YRE Competition - Exposure](#)

#### **Videos -**

David Attenborough talks about the link between nature and mental health

[Mental health and nature video : Mentally Healthy Schools](#)

## Nature Connection

[\(78\) The Transformative Power of Nature Connection | Alexis Krauss | TEDxBoston - YouTube](#)

## Wellbeing Economies

[The Vision of Wellbeing Economies | Martin Oetting](#)