

**READ
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It's a No Money Day

This resource was created to
accompany the Green-Schools
Ireland Global Goals Book Club.

www.greenschoolsireland.org

**1 NO
POVERTY**



Welcome to the first Global Goal in the Global Goals Book Club. This resource is designed to inspire your classroom with engaging activities that support critical thinking and meaningful discussions centred around the Global Goal of 'No Poverty'.

Age Group: Junior Infants - Third Class

Resource List:

- It's a No Money Day Discussion Questions
- My Needs and Wants Matching Pairs Activity
- Kindness Postcard

Global Goals Book Club and Global Goal 1: No Poverty

In *It's a No Money Day*, we meet a young girl and her mum as they go about their day, visiting the food bank, playing games at home, and finding ways to make the best of difficult circumstances. Through the child's eyes, we see the quiet resilience, love, and challenges faced by families experiencing poverty. The story is both gentle and honest, making it a meaningful starting point for helping children understand economic inequality and the importance of compassion, dignity, and support.

SDG 1 aims to end poverty in all its forms everywhere. This story helps children see that poverty is not just something that happens in faraway places, it can affect people in their own communities. The book encourages empathy, reflection, and a deeper understanding of how we can all play a role in creating a fairer world.

We would love to see pictures of your bookworms artwork and creations from the activities in our Global Goals Book Club. Please email any photos to globalcitizenship@eeu.an.taisce.org

It's a No Money Day

Read or listen to the book 'It's a No Money Day' by Kate Milner with your class. The questions below offer a guide for discussion with your class, along with some actions and activities to complete.



Listen to the story here.

Discussion Questions:

1. Why do you think the little girl and her mum say it's a "no money day"?
2. How do they feel throughout the day? How can you tell?
3. What are some things they do to have fun, even though they don't have money?
4. How do you think it would feel to go to a food bank?
5. Why do you think the mum doesn't take anything from the food bank for herself?
6. What would you say to the little girl if she was in your class?
7. Do you think it's fair that some people have more than they need, and others don't have enough?
8. Can you think of ways people in our community help others who are struggling?
9. What are some small things we can do to show kindness to people who might be having a hard time?

My Needs and Wants Activity

Learning Objectives

- Identify and categorise essential needs vs. non-essential wants.
- Develop empathy for families living without certain things.
- Reflect on what all people deserve to live a healthy, safe life (linking to Global Goal 1: No Poverty).

Activity Outline

1. Cut out the pictures on the next page.
2. Print the worksheet on the following page.
3. Tell students that they must sort each picture into 'Needs' and 'Wants' depending on how they feel when they see the pictures

These questions can be used:

1. As part of a circle time or whole-class discussion
2. In small group reflection and feedback

Follow-Up Discussion Questions:

1. What did you notice when sorting your needs and wants?
2. Was it easy or tricky to decide?
3. Do you think everyone in the world has all their needs met?
4. What could we do to help people meet their basic needs?
5. Imagine you only had money for your needs this week, what would you give up?
6. What does it mean to "need" something?
7. What makes something a "want" instead of a need?
8. Can a "want" ever feel just as important as a "need"? Why?
9. Do you think all children around the world have their needs met? Why or why not?
10. What might life be like for a child who doesn't have access to clean water, food, or shelter?
11. What are some reasons people in our own communities might not have everything they need?
12. How do you think the girl in It's a No Money Day feels when she knows there's no money?
13. How do you think her mum feels?
14. If a classmate didn't have lunch or a coat, what could we do to help?
15. Why is it important to treat everyone with kindness, even if they don't have the same things as us?
16. What's something you thought was a need but realised might actually be a want?
17. Could you go a whole day without one of your "wants"? Which one? How would it feel?

My Needs and Wants Activity Cards

✂ Print and cut out the images below.

Clean Water



Video Games



Healthy Food



Warm clothes



Ice cream



Mobile Phone



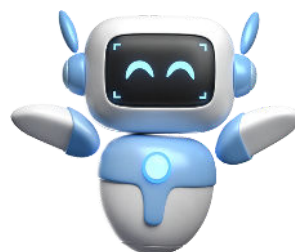
A place to live



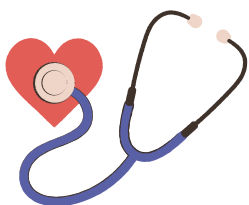
Fancy Clothes



Toy Robot



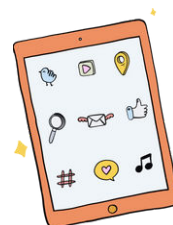
Medicine



Sweets



Tablet



School



TV



Love and Care





My Needs and Wants Activity



Things I Need to Live

Things I Want but Don't Need

Learning Objectives

- Promote empathy and understanding for those experiencing poverty or hardship.
- Encourage students to express kindness, encouragement, and hope through words and images.
- Reinforce the idea that small actions can make a big difference, especially in someone's day.

Activity Outline

1. **Start with a discussion:**

- How did the girl and her mum stay hopeful even on a "no money day"?
- What kind words or messages might have made them feel cared for?
- Have you ever had someone say something kind to you that made a big difference?

2. **Explain:** "We're going to create a kindness postcard for someone who might need encouragement or support."

3. Hand out pre-printed Postcard templates (available on next page).

4. Invite students to draw a picture on the first box and write their message of hope or kindness in the second box.

5. Students can pick the theme of their postcard. Here are some ideas:

- 🟡 "To someone who's having a hard day"
- 🟠 "To a family like the one in the story"
- 🟢 "To someone in need of shelter"
- 🔵 "To anyone who needs kindness"

6. After the postcards are created, ask:

- How did it feel to write a message like this?
- What do you hope the person who receives your card feels?
- Why is kindness important, especially when people are going through hard times?
- Can kindness help change the world?

7. Create a "Wall of Kindness" in the classroom or hallway, displaying students' postcards



My Kindness Postcard



Front:

Back:

Dear...

From...