

Bike Week Ideas



Bling your Bike/Helmet

Invite everyone to decorate their helmet/bike with some recyclable materials, add eyes, feathers, ribbons, colourful dots or wrap with wool or add signs!

It is important to encourage that only materials from the recycling or can be **recycled and reused**. Avoid waste and whatever you do, don't wreck your shoes!

Activity ideas

- Why not organise a fancy bike parade in the yard to celebrate everyone's creativity
- Write a 'Bike' message to your community and the world. Arrange your helmets in words like 'COW, BIKE, LOVE CYCLING...It is up to you or create a 'cycling mandala'
- A mandala is simply an art piece in form of a circle, and you decide what is in it and how you arrange it. To create a 'mandala' use chalk and a string to draw a perfect circle on the ground. You can add some symmetric lines. Lay the helmets out on the chalk lines and take pictures for your noticeboard or share your art with us!



Fact:

Helmets are not only the single most effective way at reducing head injuries, they are also a great way to express yourself while riding. What does your helmet say about you?



Competition Ideas

- Best helmet design
- Guess whose helmet - teachers bring in their helmets and students have to guess who owns them
- Best basket makeover
- Best bike makeover

Share it on social media
[#bikeweek](#) @greenschoolsireland