

# Pledges for Bike Week



Choose one or more pledges below:

**Cycle to school every day**  
**Swap one car journey for cycling**  
**Cycle with your friend**  
**Discover somewhere new on a cycle ride**



## National Bike Week: 10<sup>th</sup>-18<sup>th</sup> May 2025

Check in with your Green-Schools Travel Officer or your local County Council to see what fun activities are being run in your area, or have a bike workshop in your school to help celebrate the week.

### Bike Week Pledge



I hereby pledge to:

Cycle to school every day

for Bike Week

Signed: \_\_\_\_\_

### Bike Week Pledge



I hereby pledge to:

Swap one car journey for cycling

for Bike Week

Signed: \_\_\_\_\_

### Bike Week Pledge



I hereby pledge to:

Go on a cycle with my friend

for Bike Week

Signed: \_\_\_\_\_

### Bike Week Pledge



I hereby pledge to:

Discover somewhere new on  
a cycle ride

for Bike Week

Signed: \_\_\_\_\_

# Pledges for Bike Week



## Bike Week Pledge



I hereby pledge to:

\_\_\_\_\_

for Bike Week

Signed: \_\_\_\_\_

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Signed: \_\_\_\_\_

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Signed: \_\_\_\_\_

## Bike Week Pledge



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\_\_\_\_\_

for Bike Week

Signed: \_\_\_\_\_

# Gealltanús Seachtain na Rothar



Is féidir geallúint amháin a phiocadh:

Gach lá , téigh ag rothaíocht chun na scoile  
Malartaigh turas cairr amháin go turas rothar  
Téigh ag rothaíocht le do chara  
Aimsigh bealach nua ar do rothair

## Seachtain Náisiúnta na Rothar: 10ú - 18ú Bealtaine 2025

Fiosraigh le d'Oifigeach Taistil, nó do Chomhairle Contae chun bheith ar an eolas faoi ghníomh áitiúla seachtain náisiúnta na rothar nó smaoinigh ar do cheardlann rothar féin a eagrú ar scoil.

### Gealltanús Seachtain na Rothar



Geallaimse:

go rachfaidh mé ag rothaíocht chun na scoile gach lá

i rith Seachtain na Rothar

Síniú: \_\_\_\_\_

### Gealltanús Seachtain na Rothar



Geallaimse:

chun turas cairr amháin a mhalartú go turas rothair

i rith Seachtain na Rothar

Síniú: \_\_\_\_\_

### Gealltanús Seachtain na Rothar



Geallaimse:

go rachfaidh mé ag rothaíocht le mo chara

i rith Seachtain na Rothar

Síniú: \_\_\_\_\_

### Gealltanús Seachtain na Rothar



Geallaimse:

chun cúrsa nua a aimsiú ar mo rothar

i rith Seachtain na Rothar

Síniú: \_\_\_\_\_

# Gealltanais Seachtain na Rothar



## Gealltanais Seachtain na Rothar



Geallaimse:

\_\_\_\_\_

i rith Seachtain na Rothar

Síniú: \_\_\_\_\_

## Gealltanais Seachtain na Rothar



Geallaimse:

\_\_\_\_\_

i rith Seachtain na Rothar

Síniú: \_\_\_\_\_

## Gealltanais Seachtain na Rothar



Geallaimse:

\_\_\_\_\_

i rith Seachtain na Rothar

Síniú: \_\_\_\_\_

## Gealltanais Seachtain na Rothar



Geallaimse:

\_\_\_\_\_

i rith Seachtain na Rothar

Síniú: \_\_\_\_\_

## Gealltanais Seachtain na Rothar



Geallaimse:

\_\_\_\_\_

i rith Seachtain na Rothar

Síniú: \_\_\_\_\_

## Gealltanais Seachtain na Rothar



Geallaimse:

\_\_\_\_\_

i rith Seachtain na Rothar

Síniú: \_\_\_\_\_

## Gealltanais Seachtain na Rothar



Geallaimse:

\_\_\_\_\_

i rith Seachtain na Rothar

Síniú: \_\_\_\_\_

## Gealltanais Seachtain na Rothar



Geallaimse:

\_\_\_\_\_

i rith Seachtain na Rothar

Síniú: \_\_\_\_\_