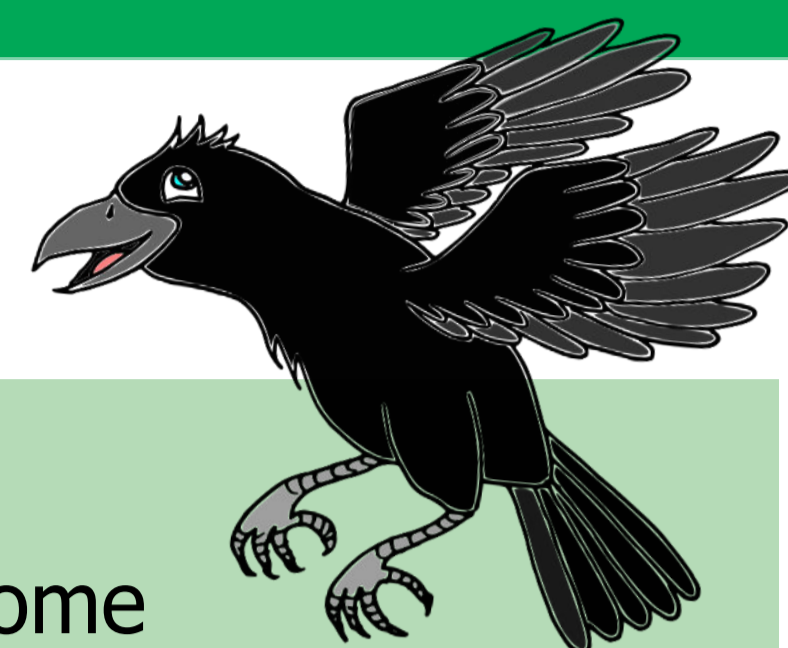


CLEAN AIR WEEK

Simple Steps to Clean Air

CAW!

#CleanAirWeek



Using sustainable travel can greatly contribute to cleaner air by reducing emissions of pollutants and greenhouse gases. Here are some simple ways to use sustainable travel to improve air quality:



Walking to school is a **zero-emission** option that eliminates the use of vehicles, reducing air pollutants like carbon dioxide, nitrogen oxides, and particulate matter. It's also a great way to promote physical health.



Riding a bike is another eco-friendly mode of transportation. Like walking, it produces no emissions and can help reduce traffic congestion, which is a major source of air pollution.



Buses and trains produce fewer emissions per person compared to individual cars. Taking public transport can reduce traffic congestion and overall air pollution.



Sharing a ride with classmates or neighbours reduces the number of cars on the road, lowering overall emissions. Fewer vehicles mean fewer pollutants released into the air.



A "walking bus" involves a group of children walking to school together, supervised by adults. It's a safe, organised way to encourage walking, reducing the need for individual cars.



Electric bikes are a convenient, eco-friendly alternative to cars for short commutes, reducing emissions and traffic congestion.



Many town and cities offer bike-sharing services, allowing people to rent bicycles for short trips. This reduces the need for cars and cuts down on air pollution.

By adopting these sustainable transport options, students can actively contribute to cleaner air and a healthier environment around their schools and communities.