

Walk to School Week 2024

Resources for Primary Schools



National Walk to School Week takes place this year from **7th – 11th October 2024**. This week is all about celebrating walking as a positive mode for school journeys. We are asking schools across the country to come together and Walk or Park & Stride to school.

National Walk on Wednesday (WOW)

A specific focus for the week is **National Walk to School Day** on **Wednesday 9th October**. Please mark the occasion by holding a special WOW Day at your school. Our WOW Day Guide on the [Green-Schools website](#) contains everything you need to know to make the day a success!

Remember to record and submit the number of students who Walk or Park & Stride to school that day! This data will be entered into a competition to find **Ireland's most active county!**

Play your part and together we can get Ireland walking and make this year's National Walk to School Day the best one yet!

Submit your WOW numbers [HERE](#)

Support Resources



Walking Bus

A Walking Bus is a great initiative which provides families with increased travel choice and enables children who would otherwise travel by car to walk to and from school. If you are interested in knowing more or considering setting up a walking bus at your school, we have a wealth of information on our website including a comprehensive [Walking Bus Pack](#) which contains everything you need to know to get started. We also have a webinar where you hear firsthand from our Travel Officers and can learn directly from their experience.



Walk to School Week Survey Forms and Poster

Posters are available to promote your event in English and Irish and are available on the [Green-Schools website](#). We also have a travel [survey](#) to record students travel patterns on your WOW day. This is also available in English and Irish.

Walk to School Week 2024

Lesson Plans and Activities

The main objective for Walk to School Week is to hold a WOW Day but we also have a range of walking related fun activities and lesson plans which will raise awareness of the benefits and joy of walking! Please share this pick 'n' mix sheet with teachers.

Investigate & Create



Explore your local area with the '[Investigate and Create](#)' challenge. This challenge invites students to investigate what they hear, see and feel on the way to school and create a visual representation of how they experienced their locality. This is an ideal activity for all ages to celebrate National Walk to School Week.

Walking Debate



Agree to disagree in this [active debate](#). Students are encouraged to express individual viewpoints on a statement about walking, share experiences that may influence others to change their standpoint (literally), and listen actively and speak confidently about their choice.

Create the Ultimate Walking Playlist



What songs inspire you when walking? Do you like happy hits, or electrifying beats which help to pick up the pace? Or something with a more relaxed tempo? Discuss with your class what are their favourite walking tracks. Pick the best 10 and submit your [walking playlist](#).

Catwalk Relay Race



This hilarious on-yard activity is guaranteed to generate lots of fun while getting students to think about the joy of walking! This [relay race](#) comes with a twist and is sure to be enjoyed by all!

Traffic Light Game



This is another fun on-yard game. Imagine what it's like to be a car! How would you move if you were going round a roundabout? Or going over a speed bump? How could you turn into a bus? Or a plane? Explore the world of movement and transport with your body in the [Traffic Light Game](#).

Walk to School Week 2024

Lesson Plans and Activities



Signposts for my locality

Explore your local area and calculate walking times to Park & Stride locations and places of interest. [Signposts For My Locality](#) is a GREAT way to prepare for your WOW day or have fun exploring travel times in your area.



Create a school gate leaflet for your school

Design a school gate leaflet to remind your school community of the safe driver and pedestrian behaviour needed outside of school. This document can also be a useful tool for your school in the planning and promoting of a Park & Stride location.



More ideas...

- [Design A Shoe](#) (English & Irish) and use it to decorate your Green-Schools Noticeboard!!
- Get creative and hold a [Bling Your Shoes](#) competition for walk to school week. Make sure to encourage the use of recycled materials and take care to use old shoes.
- Draw yourself walking to school throughout the different [seasons](#).
- Learn to tie shoelaces in a creative way with Green-Schools [Tie My Shoe-Laces](#) (Junior Primary) or [Shoe-Lace Master](#) (Senior Primary).

Get Motivated to Walk!



Here are some great [reasons to walk!](#) Your Green-Schools Committee could display this information on the Green-Schools noticeboard.

We would love to hear your stories and celebrate your work!
Tag [#walktoschool24](#), [@greenschools_travel](#) or email
travel@greenschoolsireland.org