Why Walk?

Walking discussion workshop - Flashcards

Question cards (Printer friendly)



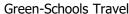








Why Walk?





Think about a time when you went for a walk with family or friends?

Where did you go?

What did you like about it?

Discuss with your group

Why Walk?



Green-Schools Travel

Why is walking to school better than travelling in the car?

Blue sky thinking...imagine if everyone walked what difference would it make?

Why Walk?

Green-Schools Travel



How does walking help the environment?

Can you list them?

Are these benefits relevant to you?

Why Walk?



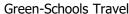
Green-Schools Travel

Think about the physical infrastructure around your school How would you describe it?

Is it easy to walk to school?

Can you think of any ways it could be improved?

Why Walk?





What are the barriers to walking to school in your opinion?

Discuss how these could be overcome.

Why Walk?





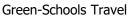
Green-Schools Travel

Does anyone in your school champion walking as a mode of transport?

For example:

Someone who actively chooses to walk when they could drive? Or maybe they completed a walking challenge/walk for charity?

Why Walk?





Everyone knows that walking is good for you!

How many benefits can you list?

Why Walk?





How would you and the community benefit if more people walked instead of using the car?

Why Walk?



Green-Schools Travel

Do you have any ideas to encourage more people walking to school?

For example

Walk to school days, competitions....what would work in your school?

Why Walk?



Green-Schools Travel

Walking is a great way to reduce carbon emissions. Can you think of any other ways to improve air quality outside your school?