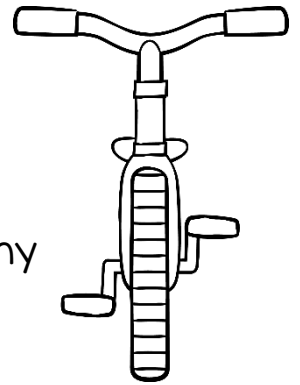


# Safe or Unsafe?

Are you ready to hit the road cycling? Before you do read over these statements about cycling and determine if they are safe or unsafe.

- When cycling with friends it is alright to ride side by side.  
Safe                      Unsafe
- When I gain experience cycling, I can raise my saddle, so my feet go from being flat on the ground to on their toes.  
Safe                      Unsafe
- I have lots of experience cycling, so I do not need to wear a helmet.  
Safe                      Unsafe
- I know the area I live in very well, so I do not need to check traffic both way while I'm cycling.  
Safe                      Unsafe
- Even though I love listening to music, I do not wear my headphones while cycling so I can be aware of my surroundings.  
Safe                      Unsafe
- I use hand signals to inform drivers where I am planning to go.  
Safe                      Unsafe
- When I cycle, I always wear high-vis clothing so vehicles can easily see me.  
Safe                      Unsafe
- If I notice broken parts on my bike (spokes, chain, light) I fix it right away!  
Safe                      Unsafe
- When I reach a red light even if I do not see any cars coming, I stop.  
Safe                      Unsafe
- I travel in the same direction as traffic is going, and cars are on the right side of me.  
Safe                      Unsafe



Are you a safe cyclist or do you need a review of bicycle safety?