



Easy Peasy No Dig Vegetable Bed Instructions

What you need:

- Cardboard boxes
- Planks of old wood
- Compost
- Optional Hammer and nails

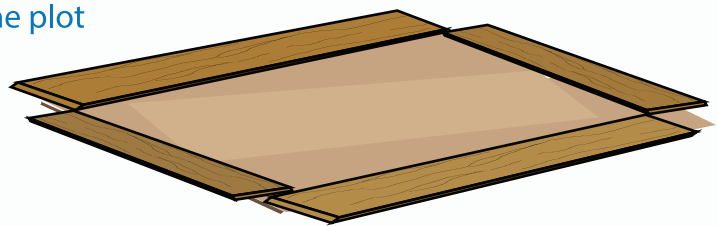
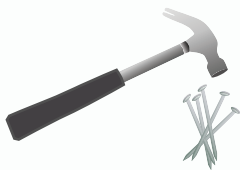


Instructions:

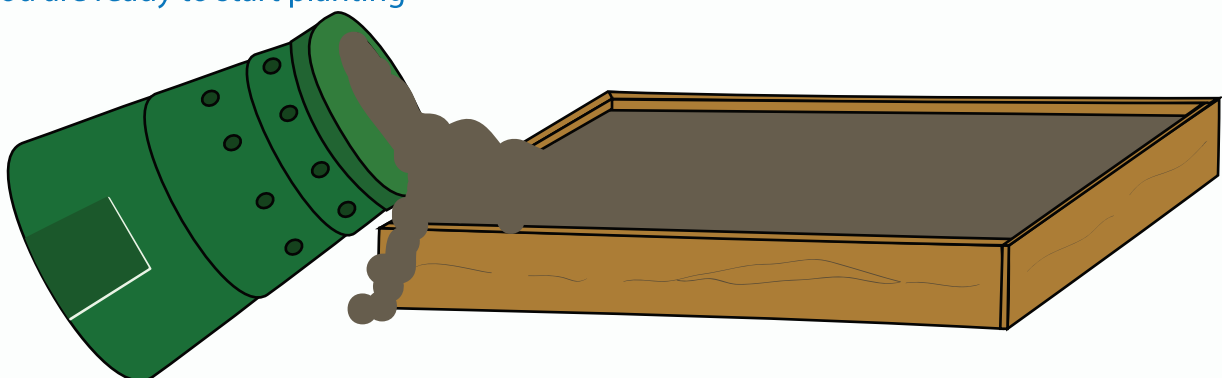
- Flatten the cardboard boxes



- Put the flattened cardboard on the area where you want to create your vegetable plot
- Put your wood on top and around the cardboard so all the grass and/or ground is covered with the cardboard within the plot



- If there is anyone who is handy with a hammer and nails you can hammer the planks of wood together to create a higher bed, but you can leave it as it is too. This really is easy peasy 😊
- All that is left to do now is empty out your compost bin into your new vegetable plot and you are ready to start planting





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A no dig bed that was created in the spring by our friend and colleague Lisa:

“ This was so easy, it took us only 15 minutes to create and we had our lovely cabbages growing in no time. Definitely worthwhile to help get everyone growing their own veg!”

