

**Make your own eco-friendly cleaning products**



**Creamy Soft Scrubber**

* Simply pour about 1/2 cup of **baking soda** into a bowl, and add a few drops of **liquid detergent** and enough **water** to make a texture like icing. Scoop the mixture onto a sponge, and wash the surface. This is the perfect recipe for cleaning the bathtub because it rinses easily and doesn’t leave grit.
* *Note: Add 1 teaspoon of* ***vegetable glycerin*** *to the mixture and store in a sealed glass jar, to keep the product moist. Otherwise just make as much as you need at a time.*

**Window Cleaner**

1/4-1/2 teaspoon liquid detergent
3 tablespoons vinegar
2 cups water
Spray bottle

* Put all the ingredients into a spray bottle, shake it up a bit, and use as you would a commercial brand.
* The soap in this recipe is important. It cuts the wax residue from the commercial brands you might have used in the past.

**Floor Cleaner**

**Ingredients:**

1/8 cup liquid soap or detergent
1/4 to 1/2 cup white distilled vinegar
1/2 cup strong peppermint herb tea (peppermint adds antibacterial qualities)

* Combine ingredients in a pail or bucket.
* Swirl the wash around until it is sudsy, then proceed to mop as normal.
* Discard any unused formula.

**Honey Lemon Sugar Scrub**

Homemade scrub recipe for a honey and lemon sugar scrub that gently exfoliates your skin.

**Ingredients :**

2 1/2 cups  sugar

1/2 cup sweet almond oil

4 teaspoons lemon juice

4 tablespoons honey

4 drops lemon essential oil

* To make the sugar scrub, combine the sugar and sweet almond oil in a large bowl and stir well to combine.
* Add the lemon juice and stir again.
* Finally, add the honey and lemon essential oil and stir again to mix.

**Vanilla Lip Gloss**

This gloss is perfect to sooth slightly chapped lips and gives you a healthy shine.

**Ingredients:**

1 tbsp Honey

1 tbsp almond oil

1 ½ tsps beeswax.

5 drops vanilla essential oil or other flavouring

* In a saucepan over low heat mix together the honey, the almond oil, and the beeswax.
* Remove from heat and add the vanilla essential oil. Stir.
* Place the pan in a small amount of cold water (do not let the water get in the pan) and stir the contents vigorously for about a minute.
* Put the mixture in storage containers and let sit for two hours before using. This gloss is best if used within a year.

**Insect Repellent**

**Ingredients:**

100 ml water

40 ml witch hazel

6 drops lavender essential oil

3 drops citronella essential oil

3 drops tea-tree essential oil

* Mix ingredients together
* Put in a spray bottle and shake well.
* Apply to exposed skin to repel mosquitoes, midges etc

(You can use 150 ml of almond oil or any vegetable oil instead of the water and witch hazel)