

# LET'S GO Plastic FREE



- 1... Invest in a **reusable water bottle**
- 2... Use a **lunch box** instead of cling film or a plastic bag
- 3... Use **pencils** and **crayons** instead of plastic twist crayons and pens
- 4... Swap plastic cartons of milk for **Tetra Pak**
- 5... Choose **reusable plastic pockets** over laminating
- 6... Swap balloons for **colourful paper** decorations
- 7... Use **cloths** instead of plastic sponges for cleaning
- 8... Stop using **glitter**
- 9... **Avoid plastic straws!** Use a paper or metal straw instead
- 10... **Encourage friends** and **family** to go plastic free too

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