



Eco Footprint Game

Ellen Murphy, Green-Schools Development Officer, An Taisce

What is an Eco Footprint?

- **Are you too big for your boots?**

The ecological footprint (or eco footprint for short) is a tool used to measure your performance in the environment. If you practice good environmental awareness with each act you will achieve a smaller footprint.



Your Eco Footprint

Q.1 How often do you practice the 3R's Reduce Reuse Recycle?

Always (2)

Sometimes (4)

Never (6)

Q.2 Do you use a compost heap / compost bin at home or in school?

Yes (2)

Sometimes (4)

No (6)

Q.3 When you are printing, do you print on both sides?

Yes (2)

Sometimes (4)

No (6)

Your Eco Footprint

Q.4 Do you use a reusable lunch box and water bottle?

Yes (2)

Sometimes (4)

No(6)

Q.5 Do you recycle used batteries?

Yes (2)

Sometimes (4)

No (6)

Q.6 Do you look for new ways to reuse certain items that otherwise would be dumped? For example your Easter Egg cardboard boxes?!

Yes (2)

Sometimes (4)

No (6)

Your Eco Footprint

Q.7 When you buy goods do you look for ones with less packaging?

Yes (2)

Sometimes (4)

No (6)

Q.8 Do you make sure to recycle your old copybooks and comics?

Yes (2)

Sometimes (4)

No (6)

Q.9 Do you make sure that your waste at home is separated into proper recycling groups?

Yes (2)

Sometimes (4)

No (6)

Your Eco Footprint

Add up the score next to your answers to see how big your footprint is!

If your score is:

18-33 WELL DONE!!!! You are certainly a friend of the environment!

If your score is **18-24** your footprint size is 1

If your score is **25-28** your footprint size is 2

If your score is **29-33** your footprint size is 3



Your Eco Footprint

33-46 You are doing your bit for the environment, but for more help and tips check out www.greenschoolsireland.org !!!!



If your score is **33-37** your footprint size is 4

If your score is **38-41** your footprint size is 5

If your score is **42-46** your footprint size is 6

Your Eco Footprint

46-60 Oh dear, you can certainly do with the help of www.greenschoolsireland.org so check out that website and get started!!!!

If your score is **46-50** your footprint size is 7

If your score is **51-54** your footprint size is 8

If your score is **55-60** your footprint size is 9



Your Eco Footprint

Eco Footprint Size	Amount of planets needed to sustain your lifestyle
Size 1 Size 2 Size 3	
Size 4 Size 5 Size 6 Size 7	
Size 8 Size 9 Size 10	

- Remember we have only one Planet and we must share it with 7 billion!!!