

Food and Biodiversity Harvest Recipes

Before you select which crops you wish to plant have a look at what delicious dishes you can make with your harvest! We have recommended different crops for three age groups. This is based on ease of growing and cooking but are just suggestions so feel free to choose any crop for your class to grow! Check out our Harvest Recipes Booklet to learn how to make each dish.

Class	Suggested Crops	No Cook Recipe	Hob Recipe	Oven Recipe
Jr Infants -1st	Radishes	Radish Toast/ Radish Pop and Dip		
	Spring Onions	Apple Chard Salad		
	Peas	Pea Shoot Salad	Peas, Mint and Feta	
	Potatoes		Pea and Potato Soup	Oven Roasted Vegetables
2nd to 4th	Carrots	Carrot sticks with Herb Dip	Veggie Pasta	Oven Roasted Vegetables
	Potatoes		Patatas Bravas/ Boxty	
	Spinach	Rainbow Wraps	Omelette/ Spaghetti Carbonara	
	Strawberries	Strawberry salad	Strawberry Jam	
	Herbs		Tomato Sauce	Pizza
	Lettuces	Strawberry Salad	Shakshuka	
		Rice Paper Rolls		
5th to 6th	French Beans		French Bean Curry	
	Chards	Chard and Apple Salad	Chard Fajitas	
	Herbs		Tomato Sauce	Pizza