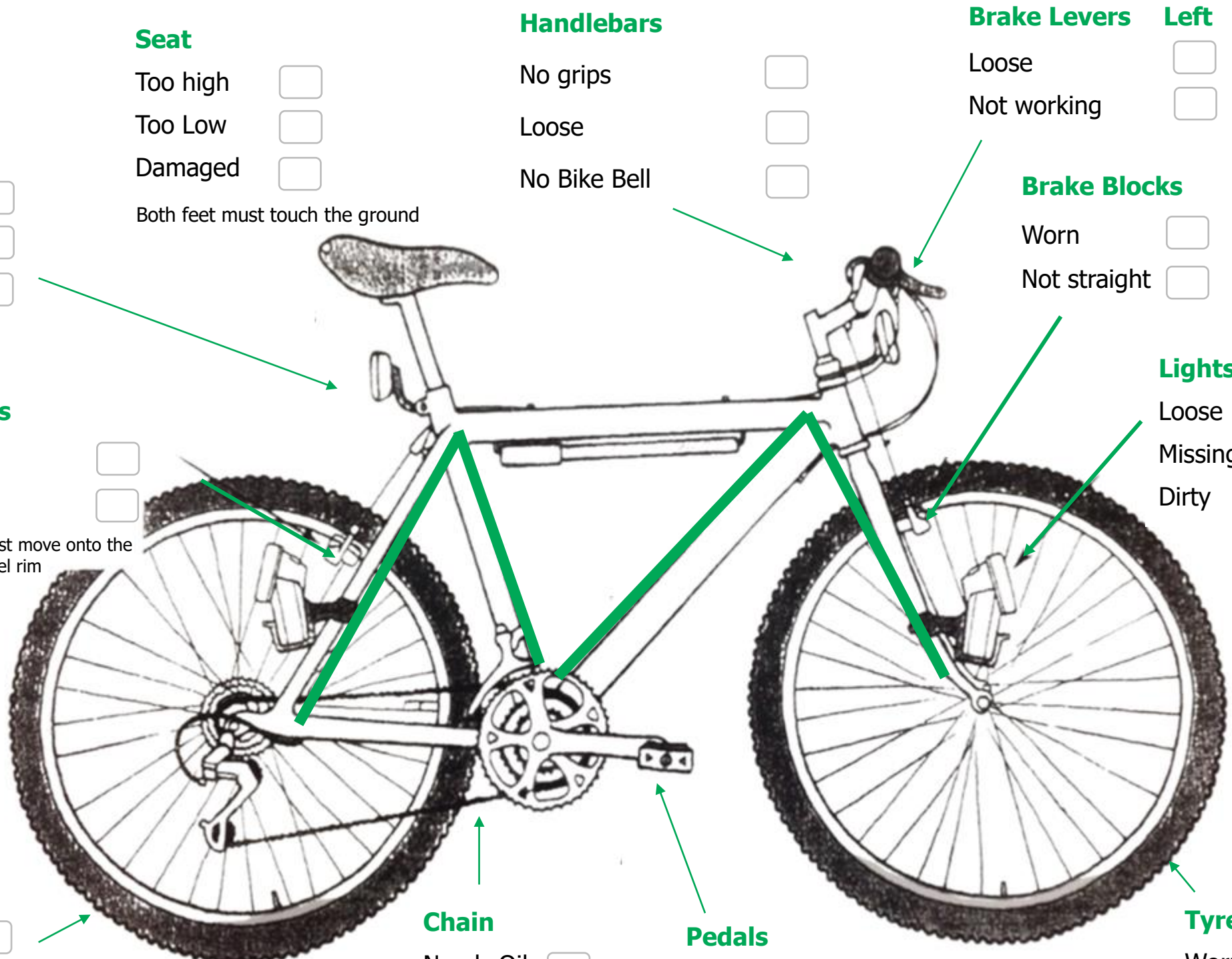


# Bicycle Check Survey

## Activity Sheet – Senior Primary

Green-Schools Travel

Complete an M-Check on your bicycle at home. Use the diagram and checklist as a guide.



**Reflectors**

Loose

Missing

Dirty

**Seat**

Too high

Too Low

Damaged

Both feet must touch the ground

**Handlebars**

No grips

Loose

No Bike Bell

**Brake Levers**

Loose

Not working

**Brake Blocks**

Worn

Not straight

Both brakes must move onto the wheel rim

**Lights**

Loose

Missing

Dirty

**Brake Blocks**

Worn

Not straight

Both brakes must move onto the wheel rim

**Tyre**

Worn

Soft

Damaged

**Chain**

Needs Oil

Broken

**Pedals**

Loose

Broken

**Tyre**

Worn

Soft

Damaged

**My bicycle is safe to use**

**My bicycle needs some work**

### Notes