LET'S GOPELE PLANT FREE

- 1... Invest in a reusable water bottle
- 2... Use a lunch box instead of cling film or a plastic bag
- 3... Use **pencils** and **crayons** instead of plastic twist crayons and pens
- 4... Swap plastic cartons of milk for **Tetra**Pak
- 5... Choose reusable plastic pockets over laminating
- 6... Swap balloons for colourful paper decorations
- 7... Use **cloths** instead of plastic sponges for cleaning
- 8... Stop using glitter
- **9...** Avoid plastic straws! Use a paper or metal straw instead
- 10... Encourage friends and family to go plastic free too

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